Central Spine

February, 2012

Newsletter of the Central Arizona Cactus & Succulent Society

An Affiliate of the Cactus & Succulent Society of America

On the Web at www.centralarizonacactus.org

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Sunday, February 26, 2012, 2 PM

Webster Auditorium

Desert Botanical Garden

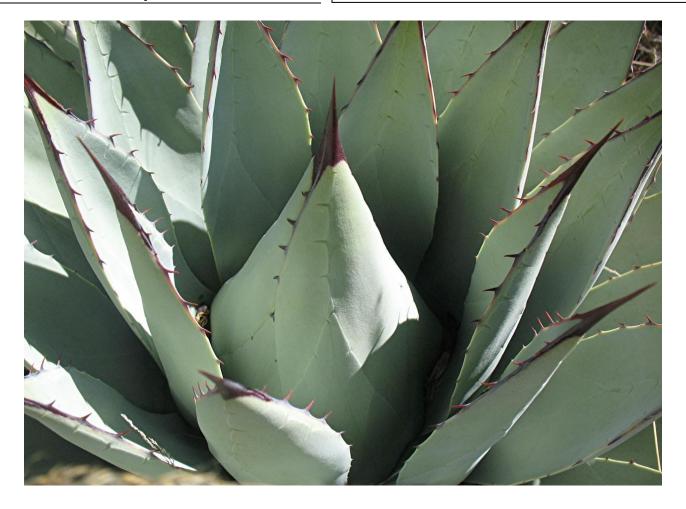
Presentation: Wendy Hodgson:

Agaves and How They Changed the Way

We Look at Landscapes

Articles

Wendy Hodgson's Contributions to the Plant
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Real Gardens for Real People—Master Gardener
Tour by Beth Kirkpatrick, p. 6



Agave parryi, located at a site which is probably the northernmost and coldest locality for the range of the species--- west of Flagstaff. See more photos with Gard Roper's article on page 4. Photo by Doug Dawson

March Newsletter Deadline: March 10, 2012

2012 CACSS Officers

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Steven Mack has resigned from the board.

Welcome to New Members

Sandy Siegel
.Elane Headley
Mary Ann Jorgenson
Jo Baker
Lee Trachtenberg
Anne L. Thomson
Carolyn Stout

2012 Meeting Schedule

Webster Auditorium (note location change)

February 26 Wendy Hodgson: Agaves and How They Changed the Way We Look at Landscapes

(See Gard Roper's article about Wendy's 35 years of experience, p. 4)

March 25--Dr. Bob Torrest, Columnar Cactus

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CACSS Show and Sale April 20, 21, 22

See page 3 for more details

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Volunteers are needed for annual Show and Sale Committee. Committee chairs: Gard Roper and Steve Martinez. Please contact Steve or sign up at the February meeting.

President's Letter

Well I must say that I am happy that spring is on the way, but as I think about it, I realize that I enjoy almost every month for one reason or another. Sure, in winter I worry about plants freezing and will my heaters keep working, and in the summer I worry about plants cooking and will my coolers function properly.

However, in all months there is usually something cool happening with some plant(s). The reason for this is that I grow many types of plants, with varying growing seasons. I have plants that are winter- dormant, plants that are summer-dormant, plants that have growth spurts in spring and fall, and plants that have no requisite dormancy.

With all the various cacti, African bulbs, mesembs, asclepiads, and myriad other succulents, there is usually something in bloom, or sprouting pups, or looking especially good with new growth. This is what I find so rewarding about this plant hobby; every day is a new picture,..things don't stay the same as with some other hobbies. A coin will look the

same every day, but I understand that the numismatist still likes owning and looking at it. Plants require more care, and one of the keys to becoming successful with difficult plants is to look at them regularly and carefully, and learn to recognize their needs. (Basically I usually learned by killing a few or more of

them at first- but don't give up too easily!) I will also start thinking about what to enter in the upcoming CACSS Show. I hope all of you are enjoying your plants as much as I am, and are thinking of Show entries as well.

...

See you at the meeting.

Steve M.

CACSS Members Needed to Help with the DBG Plant Sale in March

The Horticulture Department at the Desert Botanical Garden would greatly appreciate your assistance once again during our upcoming plant sale, March 16-18. We need people to help answer questions about cacti and succulents, as well as plants in general, regardless of your level of experience. Being on hand to talk with customers takes a lot of the pressure off our staff, especially during the busy morning hours.

If you can help, please email the day(s) you can be there to Starr Urbatcsh at surbatsch@dbg.org Thanks!

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Please Enter Plants in the CACSS 2012 Show

We want to make Show entry easy for you this year. The Show committee will call you and answer questions on how to advance your skill level with desert plants. Our purpose is to learn, not to compete. I will bring an agave—I'm uncertain about species--and ask Greg Starr. Technical names do not matter in terms of Show entry. You can get suggestions from master growers like Julie Plath on your plant's presentation at any time during the Show. One little tip is to use new, clean top dressing.

You can print a copy of plant categories from our website. If you're having any problems at all with printing it, we will have copies at the February meeting. Greg Starr, a judge last year, gave newer growers a tip: Increase most of your sun exposure moderately for a longer time during each day. Do it now before the sun is too hot.

I received valuable tips on shade house construction from Steve Plath and Scott McMahon. If you want to ask me, I can share these tips that totally improved my plants. Please enter show dates on your calendar now: April 18—bring plants; April 20, 21 and 22, Show and Sale. Invite your friends to our Show.

by Gard Roper

Wendy Hodgson's Contributions to the Plant World

by Gard Roper

Wendy Hodgson, Desert Botanical Garden's Curator of the Herbarium, has seen everything change in agave availability since she started at the Desert Botanical Garden in 1977, 35 years ago. Seventy-five percent of agaves in nurseries today weren't available to buy in 1977 and in some cases weren't discovered.

Dr. Howard Gentry, the first Ph. D. in Botany to work at the Garden, was Wendy Hodgson's supervisor. Dr. Gentry, with Wendy's help, totally replaced prior taxonomy which was described in the 1968 Cactus and Succulent Review as error-filled, useless, and worse than nothing. (Yes, it was that bad.)

The new taxonomy allows for better nurseries, such as Greg Starr's in Tucson, and Jim Elliot's Arizona Cactus Sales in Chandler. Now we can potentially give a reliable name so we can understand issues of cold tolerance, sun tolerance, and where the agaves have grown in the wild.

Excellent European taxonomists prior to Gentry and Hodgson for numerous reasons could not made sense of agaves by doing a quick study even as they often made progress on some other genera. To crack the genus, Gentry needed 52 years of field work (1933 to 1985). In the last 35 years, Wendy Hodgson's biggest contributions have been as a resource to others in the field, leading on Arizona research on agave hybrid cultivars, and putting a health context around agaves.

Wendy's book, Food Plants of the Sonoran Desert (2001), is the best resource in this area. The book provides insight into diabetes risks of the modern American diet with too much white sugar, corn syrup, white flour and prepared and packaged foods. Agave nectar in contrast has a glycemic index of only 13 and is sold at Costco. Large organic sugar molecules of the

Agave are absorbed slowly and do not spike blood sugar or wear out_insulin response.



Agave parryi Photo by Doug Dawson

agaves and also opuntias have great nutritional value and tap into the wisdom of the diet of the grandparents who lived in the Sonoran Desert. Research shows that back through history, agaves often equaled corn as a diet source. Wendy understood diet history by interviewing 80-year-old Native Americans. Today you can see caves in the Sedona area where agaves were stored as winter food. Cooled, dried agave was a major exchanged item up and down the trade routes. These native people described pit baking fires that cooked the agave. Standing on the hills at night, one could see hundreds of these fires burning.

Thanks to the Desert Botanical Garden for being a center of valuable research for many decades.

Hopefully, Wendy will describe Agave murphii, a sterile agave hybrid cultivar that offsets vigorously. Murphii was found only near deserted Native American ruins in the foothills surrounding the Valley of the Sun. It is a sturdy garden plant that survives 700 years after native people left their village. Other cultivars grow in the Verde Valley, the Grand Canyon, and Florida.



Agave parryi Photo by Doug Dawson

CENTRAL ARIZONA CACTUS & SUCCULENT SOCIETY DECEMBER 31, 2011, FINANCIAL STATEMENT

	<u>2011</u>	<u>2010</u>
Year-End Cash Balance	\$26,950	\$22,717
Sustaining Reserve Balance	8,000	8,000
Plant Rescue Reserve	2,500	2,500
Restricted Donations		<u> 175</u>
Net Cash After Reserves	\$16,450	<u>\$12, 042</u>

Year-to-Year Increase in Cash: \$ 4,408

The CACSS had another good year financially with revenues exceeding expenses by \$2,234. The main contributors were membership dues, silent auctions, the Show & Sale and offsite plant sales. Furthermore, the Society's cash rose to \$26,950, up from \$22,717 at the end of 2010. The major reason for the increase in cash at the end of 2011 was that a dues notice was sent out in November requesting that payments be made. As a result, the CACSS collected \$2,000 in dues for 2012; in 2010 only \$280 was received for 2011 dues.

Revenues for 2011 amounted to \$39,343, which was \$6,268 less than the \$45,610 generated in 2010. The 2010 amount included \$9,294 of fees paid by members for a Society-sponsored trip to California. If those fees are subtracted from the 2010 revenues, then the revenues for that year would amount to \$36,316. The revenues exceeded expenses by \$2,234 in 2011, which compares to \$4,179 in 2010. The decline of \$1,945 was due to two major items: \$940 for a new credit card machine and an increase of \$1,037 in speaker fees for the general meetings. The Society also increased its donation to the Desert Botanical Garden by \$500 to \$1,500.

Membership rose in 2011 and ended the year with 260 members, an increase of nine members over 2010. This 4% increase was due entirely to a large influx of new or rejoining members as 32% of the members at the beginning of 2011 did not renew. Last year, 30% did not renew and 33% in 2009

T. Wayne Whipple, Treasurer

DISCOVER THE NEW LOOK OF THECAREFREE DESERT GARDENS Walking Tour, Saturday, March 10, 2012

Carefree Desert Gardens would like to invite you to come and experience our new look...our total makeover. This will be the last in the 2011-2012 season of gardening seminars.

Join us Saturday, March 10th, on a walking tour through the beautiful and unique collection of plants and art surrounding the famed Carefree Sundial. We are delighted to have Scott McMahon, manager of the cactus collection at the Desert Botanical Garden, as our guide. The Carefree Desert Gardens offers intriguing plants and trees of dramatic form and unusual shapes—plants that are living works of art. You may want to bring along your hat, sunscreen, a camera and your favorite walking shoes.

The program will begin at 9:30 a.m. and run approximately until noon, meeting at the Town Council Chambers located in the U.S. Post Office Building, 100 Easy Street, Carefree. As our goal is to be self-supporting, a \$5.00 (or more) donation is appreciated.

For information call 480-488-3686.

Real Gardens for Real People Master Gardener Tour Saturday, March 31, 9:00 am - 4:00 pm

Spending time in a garden can sooth your soul, refresh your spirit and you can learn a good deal more about gardening in the low desert. The 2012 Real Gardens for Real People Tour is an opportunity to spend time in six beautifully landscaped gardens with mountain views as well as vegetable and butterfly gardens at an elementary school, all in north Scottsdale. The tour will be held on Saturday, March 31, 2012, from 9 a.m. to 4 p.m. The 11th annual garden tour is presented by the University of Arizona Cooperative Extension Master Gardeners.

The annual self-guided tour focuses on gardens designed and created by Master Gardeners, who subscribe to principles of selecting, placing, and caring for plants in an environmentally responsible manner based on research specific to the low desert. Included on the tour are newly created vegetable gardens at Copper Ridge Elementary School that are being used as a living laboratory to



educate students about sustainable gardening and the importance of good nutrition. The gardens--named "Territorial Oasis," "Desert Serenity," "The Collector's Canvas," "Tranquil Retreat," "Nature's Bounty," and "Wildlife Paradise"-- include use of desert-adapted plants, edible landscapes, use of recycled materials, water features and unique art, including metal sculptures and mosaic pieces. At each stop on the tour, Master Gardeners

and other experts will be available to educate attendees on topics such as pruning techniques, container gardening, attracting birds and wildlife, water gardening, and gardening with children. A unique aspect of the tour is that labels will identify plants in the gardens, and attendees will receive lists of the plants in the gardens. A select group of vendors will be at various locations on the tour.

Tickets sales are limited with purchase in advance at \$25 and \$30 on the day of sale. Tickets can be purchased now at http://cals.arizona.edu/maricopa/garden/garde ntour.htm and at a range of local nurseries and merchants around the valley, including the following: A&P Nurseries in Gilbert, Mesa, and

Queen Creek; Baker Nursery in Phoenix; Berridge Nursery in Phoenix; Black Mountain Nursery in Cave Creek; Desert Gardens Nursery in Phoenix; Harper's Nursery in Mesa and Scottsdale; Linden Tree Nursery in Sun City; McKeown Landscape in Peoria; Melrose Pharmacy in Phoenix; North Scottsdale Nursery and Cactus in Scottsdale and Southwest Gardener in Phoenix. Tickets are also available at the University of Arizona Cooperative Extension Offices at 4341 E. Broadway Rd. in Phoenix and 13815 Camino del Sol in Sun City West. On the day of the tour, tickets will be sold at Copper Ridge Elementary School, 10101 E. Thompson Peak Parkway, Scottsdale.

Beth Kirkpatrick



Bob the Cat takes a drink of water from a pool of water in one of the gardens.

Maybe you'll see him (in the distance!) on the Master Gardener tour.

Contact the Central Spine Editor

Diana Decker dianadec@cox.net (602) 220-9825 for article and photo submissions, and to suggest topics you'd like to see included in the Central Spine.

PLANT QUESTIONS??? WHOM TO CONTACT!!!

Many CACSS members have experience with different kinds of succulent plants. I hope they will add their names to the following list. Call or e-mail Diana Decker, *Central Spine* editor. (See contact information above.)

For now the list is simply alphabetical with principal interests. When more members add their information, the list will be cross-referenced by topic.

DOUG DAWSON

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MIKE GALLAGHER

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Specializations include Aloes, Haworthias, Columnar Cacti, and *Turbinicarpus*.

DEAN PATRICK

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Specialization in softwood stem cuttings, plant division and seed starting (rooting cacti, agave and aloe)

STEVE PLATH

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revegdude1@juno.com

Specializations include General Propagation and Desert Revegetation, *Ariocarpus, Astrophytum, Cyphostemma, Echinocereus, Fouquieria, Thelocactus*, .

BOB TORREST

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robertst9114@msn.com

Specializations include Desert Landscaping,

Unusual (including Rare Fruit) Trees and Shrubs, Aloes, Agaves,

Columnar Cacti, *Trichocereus*, and *Opuntia*.

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